

ROOTED IN THE SCRIPTURE

B e g i n · W a l k · B u i l d

01

START WITH JESUS

7-Day Guided Program

02

WALK WITH JESUS

7-Day Habit Builder

03

BUILD ON JESUS

7-Day Foundation Journey

ABOUT THIS DOCUMENT

Rooted in the Scripture: Discipleship Pathway

Rooted in the Scripture is a discipleship platform that helps people understand the Bible and follow Jesus through a simple, step-by-step pathway. We equip believers at every stage through Bible courses, baptism preparation, book-by-book studies, spiritual formation, and transformational experiences, so they move from reading Scripture to living it.

Our focus is biblical literacy that leads to spiritual maturity, life change, and Christ-centered living rooted in God's Word.

Everything flows through a clear, progressive pathway:

EXPLORE Discover who Jesus is	BEGIN Take your first steps	GROW Build a strong foundation	LIVE Walk it out daily
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This document provides a full overview and write-up for the **three core programs within the BEGIN** stage of the pathway: **Start With Jesus, Walk With Jesus, and Build On Jesus.**

START WITH JESUS

Program 01 · 7-Day Guided Journey · BEGIN Stage

7-Day Journey

Program Type

BEGIN

Stage

Devotional

Style

New Believers

Audience

PROGRAM OVERVIEW

What Is Start With Jesus?

Start With Jesus is the first program in the Begin stage, designed as immediate follow-up support for anyone who has just made a decision to follow Jesus. This 7-day guided devotional journey focuses on three core outcomes: helping new believers encounter Jesus personally, gaining assurance of their salvation, and discovering who they are as a new creation in Christ.

The program is intentionally simple, warm, and accessible. Whether someone comes from a church background or none at all, Start With Jesus meets them exactly where they are — with clear biblical truth, honest reflection, and practical steps that feel attainable from day one.

PURPOSE & FOCUS

Why This Program Exists

The moment after someone gives their life to Jesus is one of the most critical windows in their discipleship journey. Without immediate, grounded follow-up, many new believers feel uncertain, overwhelmed, or disconnected from what their decision actually means.

Start With Jesus closes that gap. It provides a guided, grace-filled entry point into the Christian life, one that prioritizes emotional and spiritual foundation over information or doctrine. New believers need to feel seen, secure, and connected before they are equipped.

PROGRAM OUTCOMES

What Participants Will Experience

- A clear and personal understanding of the gospel and what salvation means
- Assurance of their salvation based on God's promise, not feelings
- A new sense of identity in Christ: forgiven, loved, and made new
- Initial connection with God through prayer and honest reflection
- Confidence and excitement for the journey ahead

PROGRAM STRUCTURE

7-Day Journey at a Glance

Each day includes: a key Bible verse, a short explanation, a reflection question, a prayer, and one practical action step.

Day	Title	Focus
Day 1	Why We Need Jesus	You were created for a relationship with God.
Day 2	Understanding Salvation	God's plan has always been to bring you back into a relationship with Him.
Day 3	The Most Important Decision	God loves you and has a plan for your life.
Day 4	Your New Identity	You are now a child of God, loved and accepted, forgiven and free.
Day 5	Your First Steps with Jesus	Your journey with Jesus starts with simple, consistent steps.
Day 6	When Following Jesus Feels Hard	Salvation comes through believing in Jesus, not by works.
Day 7	Your Next Step	Following Jesus daily

THEOLOGICAL FOUNDATION

Core Truths Covered

- The Gospel: Jesus died and rose so we can be forgiven and have new life
- Salvation is a gift of grace received through faith, not earned by works
- New identity in Christ: forgiven, loved, accepted, made new
- Assurance of salvation rests on God's promise, not feelings
- God's constant presence and His desire to walk with us daily
- The purpose of prayer and Scripture in a growing relationship with God

WHAT COMES NEXT

After Start With Jesus

Now that you know who you are in Jesus, let's learn how to walk with Him daily.
— Program Overview

Upon completing Start With Jesus, participants are invited to continue into Walk With Jesus, a 7-day habit-building program that takes them from identity and assurance into the rhythms and daily practices of a growing relationship with God.

WALK WITH JESUS

Program 02 · 7-Day Habit Builder · BEGIN Stage

7-Day Journey

Program Type

BEGIN

Stage

**Practical &
Relational**

Style

Daily Habits

Focus

PROGRAM OVERVIEW

What Is Walk With Jesus?

Walk With Jesus is the second program in the Begin stage, a 7-day habit-building journey designed to help new believers transition from a one-time decision into a growing, daily relationship with Jesus. Where Start With Jesus focuses on encounter and identity, Walk With Jesus focuses on rhythm, consistency, and the practical habits that sustain a life of faith.

Each day introduces a specific spiritual habit, a relational practice that helps new believers stay aware of and connected to God throughout their everyday lives. The approach is action-based, encouraging consistency over perfection.

PURPOSE & FOCUS

Why This Program Exists

Many new believers experience an initial burst of excitement after their decision to follow Jesus, but without practical spiritual rhythms, that excitement can fade into confusion or disconnection. Walk With Jesus bridges the gap between a powerful decision and a sustainable daily walk.

The program operates on a simple premise: spiritual growth happens through small, consistent steps taken every day. Each habit introduced is achievable, meaningful, and designed to become a natural part of the participant's daily life.

PROGRAM OUTCOMES

What Participants Will Build

- A daily habit of spending time with God through prayer, Scripture, and reflection
- Growing awareness of God's presence throughout everyday moments
- Practical tools for releasing guilt, trusting God, and walking in freedom
- A foundation of consistency. Learning that small steps matter
- Clarity on their purpose and the beginning of living in God's direction

PROGRAM STRUCTURE

7-Day Habit Builder at a Glance

Each day is built around one central spiritual habit, grounding it in Scripture, reflection, prayer, and a practical step.

Day	Title	Daily Habit	Core Practice
Day 1	New Life	Identity Habit	Begin each day: 'I am new in Christ'
Day 2	God Loves You	Receiving Love Habit	Sit quietly. Say: 'God loves me.'
Day 3	You Are Forgiven	Freedom Habit	Release guilt immediately. Receive forgiveness.
Day 4	God Is With You	Presence Habit	Pause throughout the day and talk to God
Day 5	Trust God	Trust Habit	Take one worry and surrender it to God
Day 6	Keep Growing	Daily Growth Habits	Read Bible 5 min. Pray. Stay connected.
Day 7	You Have a Purpose	Purpose Habit	Ask God daily: 'What is my next step?'

POST-PROGRAM: NEXT STEPS SECTION

Habits to Stay Grounded (After Day 7)

Walk With Jesus concludes with a Next Steps section that consolidates the journey and gives participants ongoing rhythms to carry forward. These include:

Community Habit	Join a Home Group, build relationships with believers, and serve when ready
Knowing God Habit	Continue learning who God is as Father, Jesus as Savior, and the Holy Spirit as guide
Listening Habit	Ask daily: 'God, what would You have me do today?' — through the Bible, prayer, and godly counsel
Faith Habit	When you face temptation or trials: confess, repent, keep going. God's grace is bigger than your mistakes.
Awareness Habit	Daily journaling: What is God teaching me? Where did I see Him today? Who can I share His love with?

APPROACH & TONE

How This Program Is Different

Walk With Jesus is deliberately relational rather than religious. The habits it builds are not presented as spiritual obligations to check off — they are framed as natural rhythms of connection with a God who is present, personal, and engaged with everyday life.

Participants are consistently reminded: consistency over perfection. Even small steps matter. Growth happens one day at a time.

WHAT COMES NEXT

After Walk With Jesus

Now that you're walking with Jesus daily, let's grow deeper in understanding and faith.

— **Program Overview**

Participants who complete Walk With Jesus are ready to go deeper. They are invited to continue into Build On Jesus — a 7-day discipleship journey that provides structured biblical teaching, theological grounding, and the spiritual formation needed for long-term maturity and a life rooted in God's Word.

BUILD ON JESUS

Program 03 · 7-Day Foundation Journey · BEGIN → GROW Stage

7-Day Journey

Program Type

BEGIN → GROW

Stage

**Teaching &
Formation**

Style

Foundation

Depth

PROGRAM OVERVIEW

What Is Build On Jesus?

Build On Jesus is the third and most comprehensive program in the Begin stage. It is a 7-Day structured discipleship journey designed for deep spiritual formation and biblical grounding. Where the first two programs focus on encounter, identity, and daily habits, Build On Jesus goes further: equipping believers with a theological foundation and understanding of the Christian life.

The journey combines biblical teaching with personal application, reflection, and community. It bridges the gap between someone who has started walking with God and someone who is growing into a spiritually mature, rooted disciple of Jesus.

PURPOSE & FOCUS

Why This Program Exists

Many new believers carry questions that go unanswered for years: Who actually is God? What does the Bible really say about salvation? What is the church for? What does it mean to grow spiritually? Build On Jesus answers these questions directly, through teaching and honest reflection. Each lesson combines doctrine with practical life application, ensuring that biblical understanding leads to real change.

PROGRAM OUTCOMES

What Participants Will Develop

- A clear understanding of core Christian beliefs: God, salvation, identity, baptism, and the church
- Biblical literacy and confidence in reading, understanding, and applying Scripture
- Consistent spiritual disciplines: prayer, Bible reading, worship, fellowship
- A mature, grounded faith that holds steady through doubt, difficulty, and growth
- A growing sense of calling; living with purpose and contributing to the body of Christ
- Understanding of sanctification and the lifelong nature of spiritual formation

STRUCTURE

7-Day Curriculum at a Glance

Day	Lesson Title	Focus & Key Scriptures
1	Knowing God & His Word	God reveals Himself through Scripture. Who is God (Trinity)? What is the Bible and why is it trustworthy? 2 Tim 3:16–17; Gen 1:1; John 1:1
2	The Good News	The Gospel and salvation — what God has done. Creation, Fall, Redemption, Restoration. Grace and faith explained. Romans 3:23; John 3:16; Eph 2:8–9
3	New Life in Christ	What happens when you believe. New creation, justification, assurance of salvation, the journey of sanctification. 1 John 5:13; 2 Cor 5:17; Romans 5:1
4	Following Jesus	From belief to relationship. Lordship, surrender, abiding in Christ, and the cost and reward of discipleship. Luke 9:23; Col 2:6–7; John 15:4–5
5	Baptism: A Public Step	Public declaration of faith. What baptism is, what it represents, and why it matters as an act of obedience. Romans 6:3–4; Acts 22:16; Matt 28:19–20
6	Christian Habits & the Church	Growing in community. Spiritual disciplines, personal and corporate rhythms, fellowship, and the role of the local church. Acts 2:42–47; Ps 119:105; Heb 10:24–25
7	From Identity to Maturity	Living out your new life with stability and obedience. Spiritual growth, the fruit of the Spirit, and taking ownership of faith. Eph 4:1; Heb 5:12–14; James 1:22; Gal 5:22–23
	Continuing the Journey	Ongoing growth and sanctification. God's faithfulness, perseverance, living with hope, and next steps for formation. Phil 1:6; Col 1:10; Heb 12:1–2

LESSON DESIGN

How Each Lesson Is Built

Every lesson in Build On Jesus follows a consistent structure that balances clear teaching with personal engagement:

Introduction	Sets the context and connects the lesson to the participant's real-life spiritual journey
Core Teaching	Clear, structured biblical content covering the lesson's theological focus with accessible language
Key Scriptures	2–4 anchoring Bible passages that ground the teaching in God's Word and invite personal engagement

Reflection	Questions designed to move content from head to heart — personal, honest, and growth-oriented
Key Takeaway	A concise summary of the lesson's most important truth — simple, memorable, and applicable
Forward Connection	Each lesson ends by bridging to the next, building a sense of progressive momentum through the journey

THEOLOGICAL SCOPE

Topics Covered

<p>Biblical Foundations</p> <ul style="list-style-type: none"> • The Trinity: Father, Son, and Holy Spirit • Scripture: inspiration, authority, and sufficiency • The biblical narrative: Creation, Fall, Redemption, Restoration • The Gospel: grace, faith, repentance, and forgiveness 	<p>Christian Life & Formation</p> <ul style="list-style-type: none"> • New identity and assurance of salvation • Baptism: meaning, obedience, and public declaration • Spiritual habits: prayer, Bible, worship, and fellowship • Sanctification, spiritual maturity, and the fruit of the Spirit
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RECOMMENDED READING PLAN

Bible Reading Guide for Participants

Build On Jesus recommends the following reading plan to accompany the 7-day journey:

- Weeks 1–2: Gospel of John to know Jesus personally
- Week 3: Gospel of Mark to follow Jesus in action
- Week 4: Acts to see the early church in motion
- Ongoing: Psalms for prayer and encouragement; Proverbs for daily wisdom

WHAT COMES NEXT

After Build On Jesus

Daily Walk → Deep Understanding & Maturity. This foundation prepares you for the next stage: GROW.

— [Program Overview](#)

Build On Jesus is the culminating program of the Begin stage. Upon completion, participants are fully prepared to enter the Grow stage of the Rooted in the Scripture pathway, where they continue their relationship with God through Scripture, ongoing discipleship, and Spirit-empowered living.

Participants are encouraged to:

- Continue in ongoing discipleship and biblical formation
- Serve actively within the local church community
- Seek mentorship and accountability relationships
- Take a step toward baptism if not yet completed